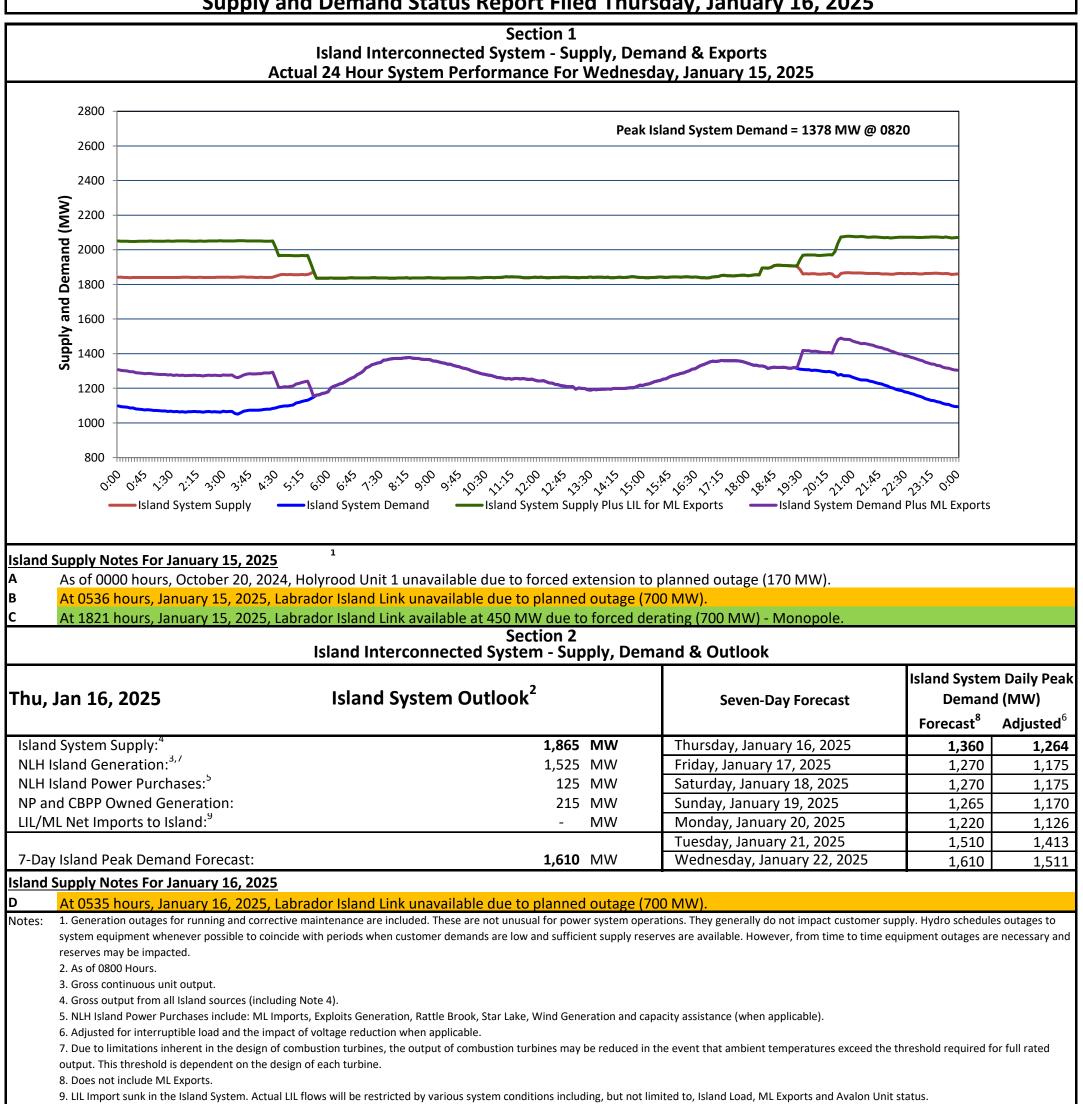
## Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Thursday, January 16, 2025



Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak			
Ved, Jan 15, 2025	Island Peak Demand <sup>10</sup>	8:20	1,378 MW
	Exports at Peak		0 MW
	LIL Net Imports to Island		207 MWh
<sup>-</sup> hu, Jan 16, 2025	Forecast Island Peak Demand		1,360 MW